

From the desk of President & CEO Orion Bell

Death and Taxes

"... in this world, nothing is certain except death and taxes." Benjamin Franklin

This year I helped my mom file her taxes. It was something that my father always used to do. Dad had a system. He kept receipts and pay stubs. One drawer in an old filing cabinet in his workshop had copies of his tax returns going back well over a decade: each form, each worksheet and the documentation to go with them, clipped together with old-fashioned binder clips. These would be attached to the 1040 forms, completed in neat script in the way his accountant father had taught him to do it. Most years, there would be paper tape from his calculator, tabulating the amounts to be entered on the rows in the form. He could do the arithmetic in his head, but he always had a backup. Long after he switched from a typewriter to using a computer, and began paying most bills online, he continued to file his taxes on paper - and keeping a copy in that file drawer. Sometimes when I was home for a visit, he would remind me of those files, and others financial records that he kept in old file cabinets, and a few that he had stored in a war-surplus ammo box. "In case you need the information," he said.

Dad passed away last summer. So as the filing deadline approached, I told mom I would help with her taxes. It made sense; I knew where to look. [Read the full blog.](#)



Cleveland International Film Festival

Benjamin Rose is thrilled to be a community partner on the film, What's Next at this year's Cleveland International Film Festival! What's Next tells the story of Cleveland's own Dr. Howard Tucker, who is 101 years old. He's the world's oldest practicing physician, a neurologist, military veteran and TikTok sensation. Join us at the KeyBank State Theatre on Sunday April 7 at 2:20 p.m. or Tuesday, April 9 at 2:25 p.m. to watch this heartwarming documentary.

Can't join us for What's Next? Use promo code ROSE to get \$1 off your ticket to any film. Ticket sales go on sale to the general public on Friday, March 22.

Aging in Place

Our **FREE** Aging in Place: Know Your Housing Options course is designed to assess our homes for safety, accessibility, and affordability; explore ways to use home equity to stay in our homes; and discover housing options.

This course is a three-part series. This registration is for April 9 - 11, from 1 - 2:30 p.m. [Register now!](#)





Happy Social Work Month!

March is Social Work Month! Homelessness is on the rise. Social workers are uniquely qualified to handle societal troubles. Social workers enter the profession because they truly want to help others. They go through years of education, training, and supervision so they can do the delicate but important work of meeting people where they are and helping them achieve their goals.

Social workers are also trained to help individuals, families, communities, and even the larger society if regulations and laws must be changed in order to help people who need it. You will find social workers everywhere—in schools, hospitals, and at the federal, state, and local levels in government, corporations, social service agencies, veterans centers as well.

The demand for social workers is reflected in the statistics. Did you know that by 2030 there will be more than 782,00 social workers in the United States? This makes social work one of the fastest growing professions in the United States.

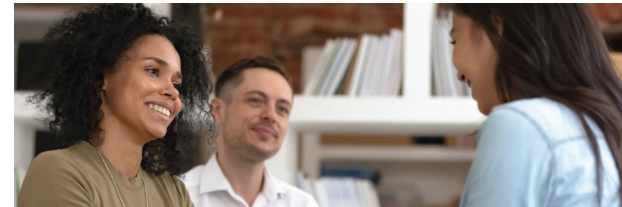
However, social workers need support to meet the high demand for their vital work. That is why the Social Work Month theme for 2024 is **Empowering Social Workers!**

Thank you to all the social workers at Benjamin Rose (pictured above) for the work you do to support the aging journeys of adults and those who care for them.

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The More You Know: Hoarding

Hoarding disorder is a mental health condition in which people have a strong need to save a large number of items and experience distress when attempting to get rid of them. It is estimated that around 2-to-6% of the population suffers from this disorder.



Hoarding affects not only the person doing the hoarding, but also their family, the people who love them, those who live around them, and in some cases the safety and well-being of the community at large.

If you, a family member or someone you are providing care to may be experiencing a hoarding disorder, join us for a FREE one-hour, virtual Q & A session with professionals who will explain hoarding disorder and provide useful information. The next session is Wednesday, April 10 at noon. [Register now!](#)

Hopeful New Approaches to Elder Justice

The University Center on Aging and Health at Case Western Reserve University (CWRU) and Benjamin Rose welcome The Measure of Our Age author **MT Connolly, JD**, on Thursday, April 25th from 10 a.m. - 3 p.m. at Benjamin Rose Headquarters. This event is designed for older adults, family caregivers, health and social service providers, students, and others interested in elder justice. [Register now!](#)



Join Us for the Next Homebuyer Education Series

Are you interested in buying a home but not sure where to start?

Our FREE HUD-approved homebuyer education class can teach you the important basics of the home buying process. We will provide you with the knowledge you'll need to secure an affordable mortgage and buy the right house for you.

This course is a four-part series. This registration is for the following days from 6-8 p.m. on Zoom:

- April 22 (Mon)
- April 23 (Tues)
- April 24 (Weds)
- April 25 (Thurs)

[Learn more!](#)

Save the Date!

Save the date for Triumph: Benjamin Rose Celebrates You! on Friday, August 2. This award luncheon will honor our clients and community partners. After lunch, please join us at our community fair, which will include activities, resources and giveaways from our many partners. More information and tickets coming soon.



Join us to Learn More About Benjamin Rose

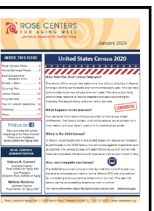
Please join us virtually from 9 to 10 a.m. EST on **Wednesday, March 13** for the next installment of Second Wednesdays with Benjamin Rose. Orion Bell, president and CEO, will offer an overview of the programs and services provided by Benjamin Rose. Second Wednesdays provide an excellent opportunity to learn more about our organization and how you can engage with our work. [Register now!](#)

Make a Gift

We need your help to protect and care for the most vulnerable people in our community— older adults, adults with disabilities and caregivers. [Make a gift today.](#)

Rose Centers Newsletter

Get the latest news and program schedules from the Rose Centers for Aging Well. Sign up today at ourseniorcenter.com.



Staff Notes

Chanteal Hall, care consultant, presented on WeCare...Because You Do for the Kinship Care Program at Fairhill Partners.

Julie Hayes, content manager, authored three articles for Active Daily Living: [Combating Ageism: Understanding and Overcoming Negative Age Stereotypes](#), [Aging in Place: Naturally Occurring Retirement Communities](#) and [Tips for Managing Sleep Difficulties in Older Adults](#).